



Imagine No Malaria 5K Run/Walk

Saturday, April 18, 2015

9:00 AM

Shenandoah Valley Runners/
First United Methodist Church

Early registration \$25.

Please send completed form to: First United Methodist Church

308 North Braddock Street

Winchester, VA 22601 Attn: Malaria 5K

The race will start and finish at the Apple Pie Ridge property of First United Methodist Church on Apple Pie Ridge Rd. across from Apple Pie Ridge Elementary School. A map of the race location can be found on the website of First United Methodist Church, Winchester, VA (www.fumcwinchester.org). Click on "Maps To Our Two Campuses".

Please read carefully before signing:

I know that running a race is a potentially hazardous activity. I should not participate unless I am medically able and properly trained. I agree to abide by all decisions of the race officials relative to my ability to complete the race safely. I assume all risks associated with participating in this event, including but not limited to: falls, contact with other participants, the effects of the weather, traffic, and the condition of the course, all risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the race officials, Shenandoah Valley Runners Association, Frederick County, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event. In addition, I understand that if the race is cancelled by circumstances beyond the control of the organization, my fee will not be refunded.

Make checks payable to First United Methodist Church with, "Imagine No Malaria" on the memo portion.

Signature (Parent/Guardian if under 18): _____ Date: _____

Amt. Pd. _____

Name: _____

Age: _____ (as of 12/31/2015)

Address: _____

Email: _____

Phone: _____

Church Team: Yes No

Shenandoah Valley Runners Association Member? If yes save \$1.00 *Race Day Registration \$30.00

All proceeds will go to “Imagine No Malaria”

Frequently Asked Questions

What is “Imagine No Malaria?”

“Imagine No Malaria” is an extraordinary effort of the United Methodist Church to end preventable deaths from malaria in Africa.

Why malaria?

Malaria is a preventable, treatable disease that breeds poverty and burdens health care. In fact, over 650,000 people die every year from malaria. We can end deaths from malaria and, in the process, help African nations bolster their health care systems. We can save the lives of those 650,000 people and improve the lives of all those impacted by malaria deaths.

Why the United Methodist Church?

It is said that in Africa, at the end of every road is a cross. In fact, 60% of all health care in Africa is provided through faith-based organizations like the UMC. As the Bill and Melinda Gates Foundation, and the UN Foundation, began looking for partners who could help deliver malaria prevention, treatment and education in Africa, they found that the Methodist Church was already equipped to do so, with over 300 hospitals, health clinics and outposts working on the continent.

Is this related to “Nothing But Nets?”

Yes, “Nothing But Nets” is a successful program raising more than \$7 million to provide bed nets to families in Africa. In 2008, building on that success, “Imagine No Malaria” was created to provide a more comprehensive approach, including funding for prevention, education, treatment and communication. You may think of “Imagine No Malaria” as “Nets Plus”.

I’ve heard a lot of news lately about nonprofits being irresponsible with the money donated to them.

How is “Imagine No Malaria” different?

UMCOR (the United Methodist Committee on Relief) does the majority of the work for “Imagine No Malaria”, and because of a generous grant from the UN Foundation for administrative costs, all donations go directly to our work in Africa. UMCOR is a well-known and well-respected deliverer of relief and development goods and services throughout the world and is committed to a sustainable practice of ending deaths from malaria. What that basically means is that they are working with the people of Africa in this endeavor. In a more practical sense, as much as possible, they purchase the nets in Africa, they train community health workers (who are typically already working in their communities as birth attendants, etc.) to handle education and distribution and they establish in-country health boards who plan and implement strategies against malaria, writing grants for funding received, providing oversight and reporting successes. In fact, one of the reasons we’re focusing on malaria is because at a meeting of the bishops of Africa and some of our denominational leaders, we asked what they needed most and they said, **“Stop malaria!”**

Ok, count me in - how can I donate to save lives?

If you would like to make an additional contribution, please write checks out to First United Methodist Church with “Imagine No Malaria” in the memo line. Because of a generous grant that covers all administrative costs, 100% of all donations go directly to the work of “Imagine No Malaria”.

How can I do more?

We’d love your help! We’re always looking for people who would be willing to become involved. For more opportunities, check out the “Imagine No Malaria” Facebook page or website.