

come join us for the 4th annual

RUN FOR THE RIBBON

and 0.59K kids run!

location. Chet Hobert Park in Berryville, VA, in the field adjacent to the Clarke County Pool
course. runners will make 2 full laps around the Fitness Trail and finish off the trail through the chute

start time. 8:00 am

cost. \$12 (\$11 for SVR members) for pre-registration, \$15 on race day.

early bird registration. \$10, must be postmarked by JULY 12, 2014

pre-registration. must be postmarked by SEPTEMBER 13, 2014

race-day registration & packet pick-up. available on Friday, September 26 at the race site from 5:15 pm – 7:15 pm (still \$15) or on race morning from 6:30 am – 7:30 am

kids run. 0.59K (0.36 miles), \$4, for all kids 10 and under, starting at 9:00 am, all kids will receive t-shirts

awards. the top 3 male and female finishers will receive awards, as well as the top finisher in each age group (male and female separate): 14 and under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-70, 70 and up. random door prizes will be given out, too!

questions. call Madeline Treiber at (540) 662-1042 or email at runfortheribbonrace@gmail.com

race policies. headsets, bicycles, skateboards, roller skates, inline skates, animals, and strollers are prohibited on the course

race benefactor. all money received will be donated to ZERO: the end of Prostate Cancer. ZERO is an organization dedicated to wiping out a horrible disease. please visit them at www.zerocancer.org for more information.

signs. if you would like to honor or remember a loved one, you may pay an additional \$5 (per sign) for a sign stating "In Honor/Memory of..." that will be placed somewhere along the running course

save the date:
Saturday, September 27, 2014

name _____ sex M / F age as of 9.27.14 _____ address _____

city _____ state _____ zip code _____ phone _____ email _____

race: _____ 5.9K _____ 0.59K kids run t-shirt size: _____ youth s _____ youth m _____ youth l _____ adult s _____ adult m _____ adult l _____ adult xl _____ adult xxl
please note: if a child would like to run both races, please mark checks next to both races but only pay for the 5.9K

signs: _____ quantity please circle: In Honor Of / In Memory Of name(s) on sign(s) _____

please make checks payable to:

SVR – Run for the Ribbon

mail to:

Madeline Treiber, 105 Fairfield Drive, Winchester, VA 22602

in the case of unacceptable weather, all pre-registration money will still be donated to Zero

WAIVER: By signing this waiver, I accept that I may not hold Madeline Treiber, Run for the Ribbon, Shenandoah Valley Runners, or any other sponsor of this race, jointly or separately, liable for any illnesses, injuries, or impairments I may suffer as a result of participating in this race. I agree to follow the rule that headsets, bicycles, skateboards, roller skates, inline skates, animals, and strollers are prohibited on the Run for the Ribbon course. I also verify that I am medically and physically healthy enough to participate in this event. I agree to let any and all sponsors use my name, picture or information from this race while promoting or publicizing this event.

signature (parent/guardian signature if runner is under 18) _____

t-shirts are guaranteed to pre-registrants. however, they are not guaranteed to runners who register on Friday, Sept. 26 or on race day