

# Front Royal Kiwanis 5k

May 7, 2022



Front Royal, VA 9am

## Where & when

The 5k run starts at 9:00 am at the **Warren County Health & Human Services Complex** ( 500 West 15th Street, Front Royal, Virginia.) Race day registration and check-in begins at 8:00 am in the parking lot of the Health and Human Services Complex.

## Course

A measured 5k (3.1 mile) route on paved roads through the northwestern part of Front Royal and the grounds of Randolph-Macon Academy. Mile 1 is downhill or flat; mile 2 is mostly uphill; and the final 1.1 miles are rolling.

## Awards

For the top three men & women overall and the top three in the following age groups: 14 & under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, and 60 & over.

T-shirts available for \$12 and need to be pre-ordered by April 20

## For more information

Contact Terry Leckie at [terryleckie82@gmail.com](mailto:terryleckie82@gmail.com) or (540) 660-2378 or Bill Powers at (540)671-6006

To register online go to:  
[runsignup.com/Race/VA/FrontRoyal/FrontRoyalKiwanis5K](https://runsignup.com/Race/VA/FrontRoyal/FrontRoyalKiwanis5K)

## Entry fees

\$15 (without t-shirt) if postmarked by April 28th. \$20 on race day. \$23 with t-shirt (pre-ordered April 20th). \$1.00 discount for Kiwanis or SVR. Make checks payable to "Front Royal Kiwanis Club" and mail with entry to Bill Powers, 135 N. Royal Ave., Front Royal, VA 22630

Sponsored by  
**Shenendoah  
Valley Runners**



Proceeds benefit  
**Warren County  
Special Olympics**



**Special Olympics  
Virginia**

## Front Royal Kiwanis 5k Entry Form

Mail entry form and check to: Front Royal Kiwanis 5k,  
c/o Bill Powers  
135 N. Royal Ave.  
Front Royal, VA 22630

Name: \_\_\_\_\_ Age on 5/7: \_\_\_\_\_ Sex: \_\_\_\_\_

Address: \_\_\_\_\_ Date of birth: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Phone: ( \_\_\_\_\_ ) \_\_\_\_\_ - \_\_\_\_\_ E-mail: \_\_\_\_\_

Add \$12 for T-Shirt ☐ S ☐ M ☐ L ☐ XL  
(optional)

Kiwanis or SVR member? ☐ Y ☐ N

**WAIVER:** In consideration of your accepting this entry, I, the undersigned, intending to be legally bound, hereby for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against any of the following or its successors and/or assigns, as their interests may appear: the Front Royal Kiwanis Club, the Warren County Parks & Recreation Department, Randolph-Macon Academy, the Town of Front Royal, the County of Warren, and all additional contributors, sponsors and assigns for any injuries suffered by me in the scheduled May 7, 2019 event. I attest and verify that I am physically fit and have effectively trained to complete this race and have completed this entry form honestly. **THIS IS A FUNDRAISER.**

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

(parent or guardian's signature if under 18)